

## **Morning Prayers**

### *The Trisagion Prayers*

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.  
Glory to You, O Lord, glory to You.

Heavenly King, the Comforter, the Spirit of Truth, Who are in all places and fill all things, the Treasury of blessings things and the Giver of life: Come and abide in, cleanse us from every stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (Three Times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (Three Times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

### *Morning Prayer to the Holy Trinity*

Arising from sleep, I thank. You, O Most Holy Trinity, that, for the sake of Your great kindness and longsuffering, You have not had indignation against me, for I am

slothful and sinful. Neither have You destroyed me in my transgressions. But You have shown Your customary love toward mankind, and have raised me up as I lay in heedlessness, that I might sing my morning hymn and glorify Your sovereignty. Do now enlighten the eyes of my understanding, open my ears to receive Your words, and teach me Your commandments. Help me to do Your will, to sing to You, to confess You from my heart, and to praise Your All-Holy Name: of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

### *The Nicene Creed*

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the Son of God, the Only-Begotten, begotten of the Father before all ages, Light of Light, True God of True God, begotten, not made; of one essence with the Father; by Whom all things were made: Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary, and was made man; And was crucified also for us under Pontius Pilate, and suffered and was buried; The third day He rose again, according to the Scriptures; And ascended into heaven, and sits at the right hand of the Father; And He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end. And I believe in the Holy Spirit, the Lord and Giver of Life, Who proceeds from the Father, Who with the Father and the Son, together is worshiped and, glorified, Who spoke by the prophets. And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead and the Life of the world to come. Amen.

### *The Gospel and Epistle*

Read the Gospel and Epistle for today here

### *Intercessory Prayers*

Remember, O. Lord Jesus Christ, our God, Your mercies and loving-kindnesses, which have been from everlasting, and for the sake of which You did become man

and deign to endure crucifixion and death for the salvation of all who rightly believe in You. You rose from the dead and ascended into heaven, and sit at the right hand of God the Father, and regard the humble prayers of all who call upon You with their whole heart. Incline Your ear and hear the humble entreaty of me, Your unprofitable servant, who offers it for an odor of spiritual fragrance for all Your people. And first of all remember Your Holy Catholic and Apostolic Church which You have purchased with Your precious blood.

Confirm and strengthen it, enlarge and multiply it, keep it in peace, and preserve it unconquerable by the gates of hell forever. Heal the schisms of the churches, quench the ragings of the heathen, speedily undo and root out the growths of heresies, and bring them to naught by the power of Your Holy Spirit.

Save, O Lord, and have mercy upon all world rulers; On our president and on all civil authorities. Speak peace and blessings in their hearts for Your holy Church and for all Your peoples, in order that we may live a calm and peaceful life, in all godliness and dignity.

Save, O Lord, and have mercy upon patriarchs, metropolitans, archbishops, priests, ministers and deacons, and the whole clergy of Your Church, which You have established to feed the flock of Your word, and by their prayers have mercy upon me, and save me, a sinner.

Save, O Lord, and have mercy upon my spiritual father (*name*) and by his holy prayers forgive me my transgressions.

Save, O Lord, and have mercy upon my parents (*names*), my spouse (*name*), my brothers and sisters (*names*), my children (*names*), my kinsmen after the flesh and my friends, and grant them Your blessings both here and hereafter.

Save, O Lord, and have mercy upon the old, the young, the needy, the orphans and the widows, and on all that are in sickness and sorrow, in distress and affliction, in oppression and captivity, in prison and confinement. More especially have mercy upon Your servants who are under persecution for Your sake and for the sake of the Orthodox faith at the hands of heathen nations, of apostates, and of heretics: remember them, visit, strengthen, keep and comfort them, and make haste to grant them, by Your power, relief, freedom and deliverance.

Save, O Lord, and have mercy upon all who are sent on duty, all who travel, our fathers, brothers and sisters, and upon all true Christians.

Save, O Lord, and have mercy upon those who envy and affront me, and do me mischief, and do not let them perish through me, a sinner.

Those who depart from the Orthodox faith, dazzled by destroying heresies, do enlighten by the light of Your holy wisdom, and unite them to Your Holy, Apostolic, Catholic Church.

*[Add here any additional petitions]*

#### *Prayer for the Beginning of the Day*

O Lord, grant me to greet the coming day in peace, help me in all things to rely upon Your holy will. In every hour of the day reveal Your will to me. Bless my dealings with all who surround me. Teach me to treat all that comes to me throughout the day with peace of soul and with firm conviction that Your will governs all. In all my deeds and words, guide my thoughts and feelings. In unforeseen events, let me not forget that all are sent by You. Teach me to act firmly and wisely, without embittering and embarrassing others. Give me strength, to bear the fatigue of the coming day with all that it shall bring. Direct my will, teach me to pray. And, Yourself, pray in me. Amen.

#### *Benediction*

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us. Amen.